

## ADVANCE DIRECTIVE FOR MEDICAL CARE BY JEFFREY THOMAS SPANGLER

I voluntarily, knowingly and intelligently make this advance directive for my desired medical care while of sound mind, to be strictly observed by anyone rendering emergency or medical care to me. It is intended to apply to all medical emergencies and all accidents, including any apparent homicide or suicide, all Acts of War and all natural occurrences.

I do not authorize any person as my agent to make medical decisions for me if I am unable to make or communicate them myself. I decline to have any government make any decisions for me. I want to exercise my sole and inherent right to make my decisions for me, even if those decisions are not in my best interest or if contrary to anyone else's view of my best interest.

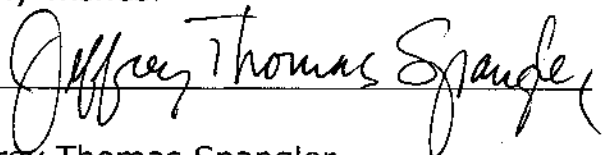
I direct that all life saving or prolonging procedures of any nature be withheld or withdrawn if started, whether they are now known or yet to be discovered. I ask that only aggressive palliative care be promptly rendered to relieve my pain and sedate me so I may rest comfortably, sleep and die with dignity. Medications should be liberally administered even if they may shorten my remaining life, suppress my appetite or my breathing or be habit-forming.

I specifically do not want any of the following procedures, which are named for clarity and illustration, and not to be construed as my consent to procedures not specified: defibrillation, cardiopulmonary resuscitation by man or machine, mechanical ventilation, dialysis, surgery, chemotherapy, radiation treatment, nasogastric, intravenous or percutaneous endogastric nutrition, and all similar or derivative types of therapy.

I release all medical and emergency personnel and organizations from all liability for respecting my directives in this document. I do not ask anyone to violate any laws or standards of professional conduct to give effect to my directives, but I forgive them if they do so, either intentionally or inadvertently. I respect all caregivers, and if they are unable to fully respect my wishes for any reason, I ask that I be transferred to others who are able to do so.

The margins of this page bear my dated initials as my periodic reaffirmation of the directives I express here. These directives may only be cancelled or modified by me, either in writing, orally or by my unambiguous signal, however it may be expressed. I offer my thanks to everyone who respects my wishes.

Dated: May 1, 2011

  
Jeffrey Thomas Spangler